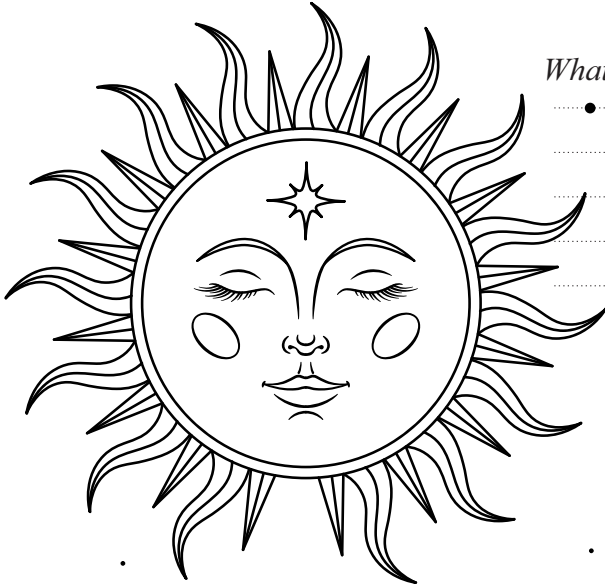


Tarot for the Harvest Season

Exercise Based On the 3 of Cups

Date: _____
Time: _____
Deck: _____

Celebration is a meaningful human ritual. It is more than just a party or a special treat, it is a message to our deepest subconscious that we have made a stride and we are ready to enjoy our spoils before moving on to the next set of challenges. Whether we celebrate alone or with others, the act of it is a valuable spiritual signal.



What will you be celebrating during harvest?

• _____

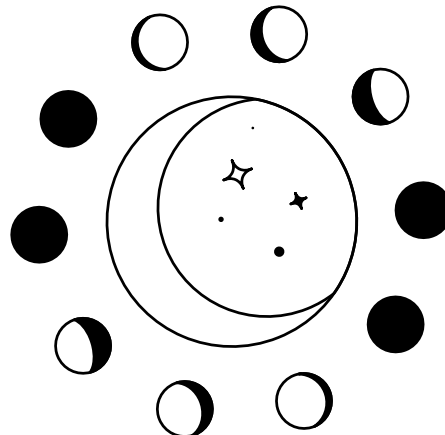


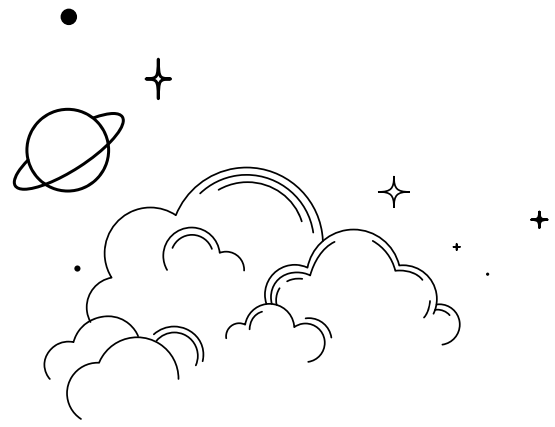
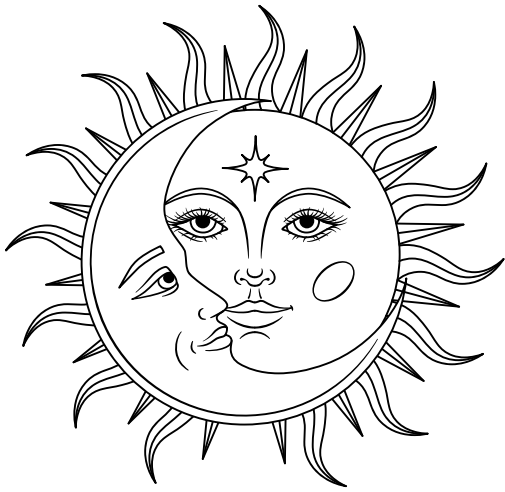
And how will you do it?

First, lay the Three of Cups on the table and write about what it means to you personally for this season.



What does the 3 of Cups Represent to You?





Next, shuffle the rest of your deck for as long as you like. Think back through the year and notice how you and your situations have transformed, notice the efforts you have made, and how others have contributed to further your growth and progress. When you feel satisfied with the shuffle, lay three cards in a line under the Three of Cups.



The first card indicates the kind of effort you have made or the ordeal you have endured.

The second card indicates what that effort or ordeal offers you in the present, your harvest.

The third card shows you how you can best utilize your gains right now to act as a building block for your future.

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Consider your cards and allow them to unlock ideas and realizations that might not have crossed your mind otherwise. If your journal entry seems to veer from the point at hand, let it. Time spent with our cards and our journals is our time to make discoveries and recharge ourselves.

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